

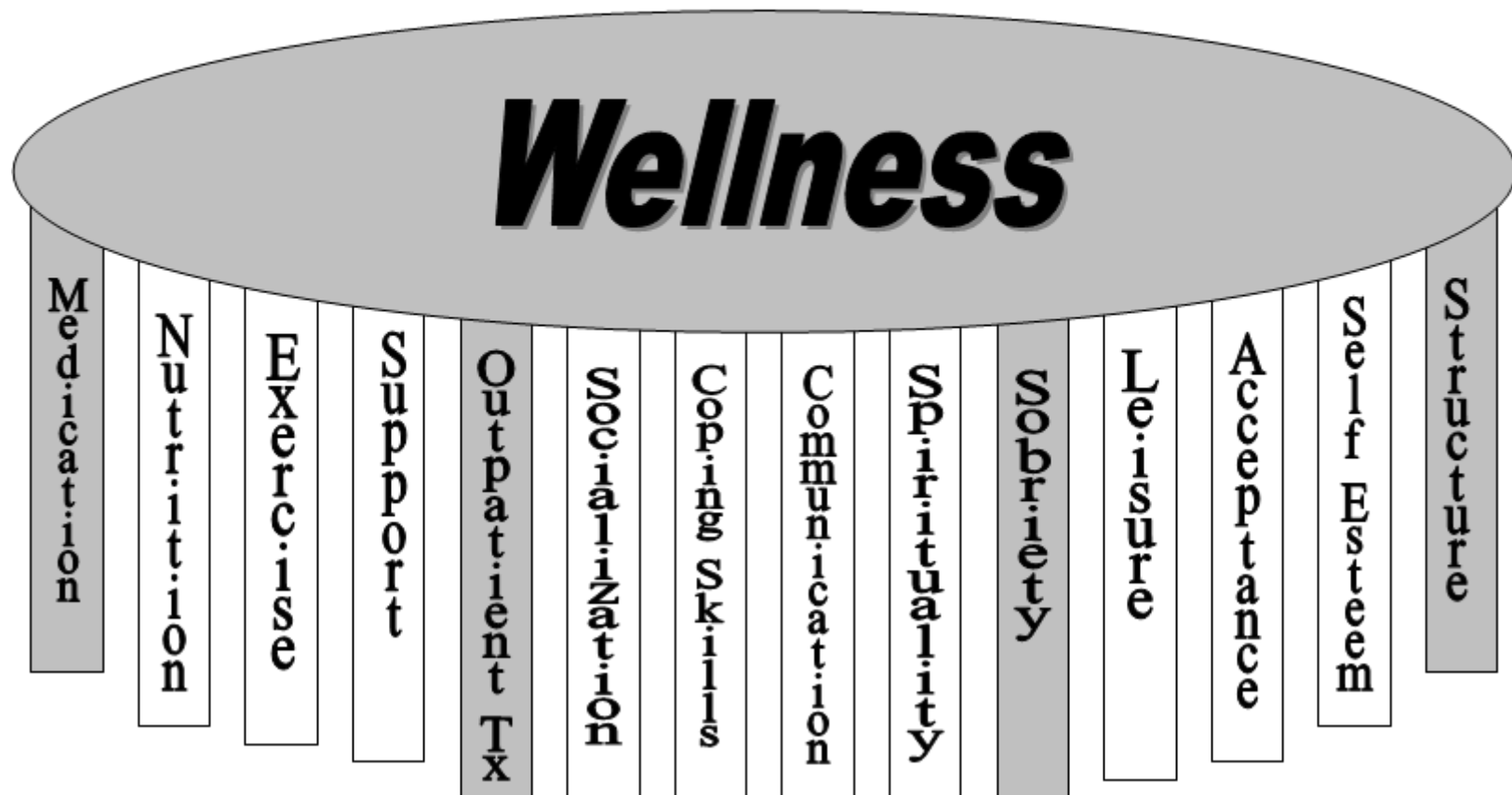
THE WELLNESS BLUEPRINT

FOUNDATION CORNERS

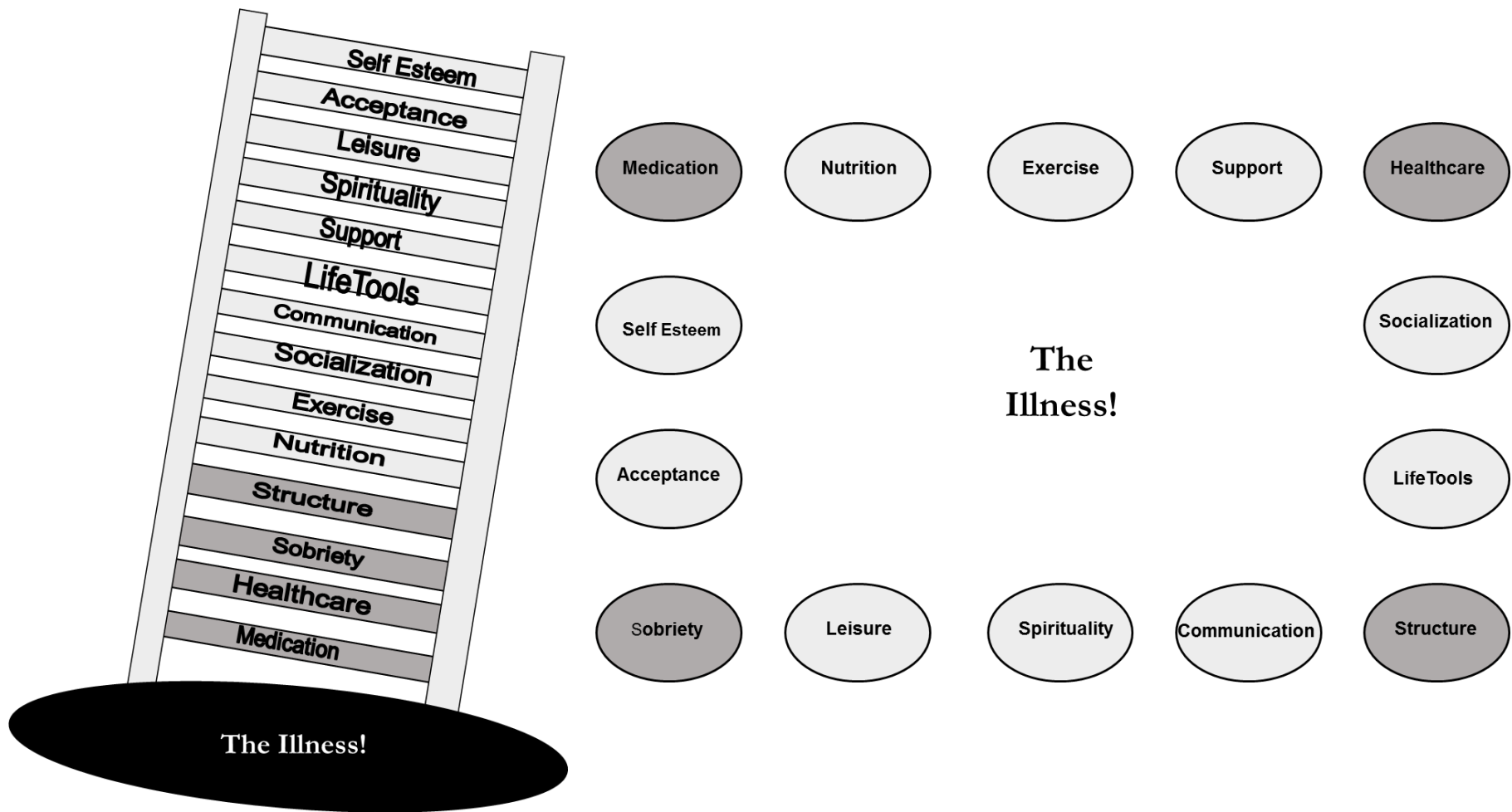


THE WELLNESS BLUEPRINT

COMPLETE



OTHER WAYS TO USE THE BLUEPRINT



THE WELLNESS BLUEPRINT

THE MEASURING STICK

